

INVITE ONLY **PRE-SEASON BASKETBALL CAMP™**



SAT. Nov. 11TH 2017

AT KEENE STATE COLLEGE, KEENE, NH

“SPEED IS A SKILL”

PRESENTED BY **PARISI SPEED EXPERTS**

“MINDSET TRAINING TOOLS”

WITH **COACH DAVE WHEELER**

+ CONTESTS & PRIZES

**BOYS
GRADES 7-11**

AGES 13-17

APPLY FOR AN INVITE
& GET MORE INFO ONLINE AT

WWW.INVITEONLYBASKETBALL.COM

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AT KEENE STATE COLLEGE, KEENE, NH
FOR BOYS IN GRADES 7-11 AGES 13-17

“SPEED IS A SKILL”

PRESENTED BY **PARISI**
SPEED SCHOOL of NEW HAMPSHIRE

- SPEED DRILLS
- JUMP TECHNIQUE & TESTING
- INJURY PREVENTION
- ACTIVE DYNAMIC WARM-UP (ADW)

“MINDSET TRAINING TOOLS”

WITH VARSITY COACH **DAVE WHEELER**

AUTHOR OF “BUILDING A WINNING MINDSET” BLOG



TRAIN YOUR MIND TO...

- THRIVE IN HIGH PRESSURE GAME SITUATIONS
- VISUALIZATION FOR SKILL IMPROVEMENT
- CONTROL YOUR EMOTIONS
- ADOPT THE “CAN'T MISS” SHOOTER'S MENTALITY

COACHES &
PARENTS ARE
WELCOME
TOO !

+ CONTESTS

- SPEED CHALLENGES
- FOUL SHOT CHAMPION
- 3 POINT CONTEST
- ONE-ON-ONE TOURNEY
- OVERALL CHAMPION



& PRIZES

- WILSON EVOLUTION BBALLS
- REVERSIBLE PRACTICE JERSEYS
- JUMP TRAINING PROGRAM
- SPORTS DRINKS
- SNACKS AND LOTS MORE

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